



Sturminster Newton High School

Sixth Form

Health & Social Care Independent Study Guide

Advice on additional work students could complete during study periods – some points will be more relevant depending if you are studying a coursework or exam unit.

- Complete any homework set
- Read through and annotate class notes
- Create a glossary of all the key words and terminology
- Use the BTEC text book that you have been issued to develop your understanding of the topics – making additional notes if required
- Make a list of any issues you don't understand, ask a "buddy" to go through the topic with you – if it is still not clear ask your teacher
- Use You Tube and the Internet to research topics further – keep a Bibliography of useful websites
- When making notes or copying quotes from a website, make sure you include the source
- Make revision notes, such as flash cards. Refer to these cards regularly to help retain and develop knowledge
- Use the Edexcel website to access past papers
- Complete practice papers – use the mark scheme to mark them yourself. If unsure ask you teacher to assess them and give you feedback
- Studying mark schemes will give you hints and show you what the examiners are looking for

- Study the news (BBC News, newspapers) for any articles relevant to the topics you have recently studied
- Watch relevant documentaries / dramas on TV
 - ✓ can you identify good Health and Social Care practice?
 - ✓ can you identify agencies working together successfully (or not)?
 - ✓ what legislation is being followed and is it helpful?
 - ✓ can you pick out individuals' PIES development and if their needs are being met?