

Well-Being Quote of the Week

Life is a journey, take a breath at each step and admire how far you have come .

Ten Tors 2024

Well done to all our students who took part in the Ten Tors Event at the weekend: Evie, Ella, Rosie, Beth, Henry and Rob 45 Team and Ryan, Tristan, Jessica, Antonia, Ben, Oscar, Noah, Edward, Elliot and Finlay 35 Teams from Sturminster Newton Expedition Group, joined by Molly and Rosemarie from Okehampton College, also to the 55 team: William, Ben, Josh, Lucas from Sturminster Newton 6th Form, joined by Luke from the Gryphon School who took part in the event with Sherborne Air Cadets. You should all be very proud of yourselves for all the hard work you have put in over the months to get to the event. This weekend was particularly challenging due to the heat.

The Ten Tors Challenge is organised by the British Army Headquarters South West with support from the Royal Navy and Royal Air Force as well as civilian emergency services and volunteers. It involves teams of six young people navigating to ten specified checkpoints on Dartmoor in under two days. Teams must be self-sufficient, carrying all that they need to complete their route and stay out overnight safely.

There are three different challenges: 35 miles, 45 miles and 55 miles and the course can be gruelling. The teams train at weekends from October through to April, sometimes camping out overnight in extreme weather conditions. They learn many skills throughout their training. This is a great achievement for all the students involved.



Lost Property

We have had several pairs of glasses & several drinks bottles handed in, please ask at school reception

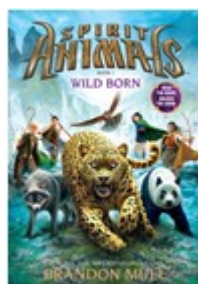
Please do not leave your library book/s unattended in the canteen.

Lots of books have gone missing from there, never to be seen again. When you borrow a book, it is your responsibility to look after it. If it goes missing you will be asked to replace it. Thank you, Mrs Fitz

Book of the Week

Spirit Animals: Wild Born by Brandon Mull

Four children separated by vast distances all undergo the same ritual, watched by cloaked strangers. Four flashes of light erupt, and from them emerge the unmistakable shapes of incredible beasts - a wolf, a leopard, a panda, a falcon. Suddenly the paths of these children - and the world - have been changed for ever. Enter the world of Erdas, where every child who comes of age must discover if they have a spirit animal, a rare



bond between human and beast that bestows great powers to both. A dark force has risen from distant and long forgotten lands and has begun an onslaught that will ravage the world. Now the fate of Erdas has fallen on the shoulders of four young strangers ...and on you.

SNHS - Student Bulletin

20th May 2024 - Week 2

Year 10 Work Experience

There are still a few Year 10 students, who have not confirmed with me, where they are going on work experience. Please log on to the database to view available placements:

www.ssp.learnaboutwork.net/log-in-student.asp

You will need your pin number for this – if you have lost yours, please come to the office. If you have found your own placement which is not already on the database, please collect a New Placement Request form from me and ask your chosen employer to complete it. **Deadline to submit any new placements is THURSDAY 23RD MAY.**

Remember if your placement is confirmed, please bring your confirmation letter to the office.

There are still a few consent forms which have not been yet been returned, please return your consent forms by Thursday 23rd May. If you have lost your form, please come to the office. **Mrs Hann, Work Experience Co-ordinator**

Extra-Curricular Sport - Summer Term

Day	Sport	Staff
Monday	Cricket – All Years meet at PE finish 4:15pm	Mr Roca
Wednesday	Netball - All Years meet at PE finish 4:30pm	Mrs Woods & Miss Jackson
Thursday	7s Rugby, Rounders - All meet at PE finish 4:15pm	Mr Roca Miss Jackson
	Badminton - All Years Meet at PE finish 4:15pm	Mr Chapman
Friday	Pickleball - All Years Meet at PE finish 4:15pm	Mr Mattocks